

## North Atlanta Endocrinology & Diabetes

### Clonidine Suppression Test

Your physician has ordered a Clonidine Suppression Test.

The purpose of this test is to rule out a tumor called a Pheochromocytoma, which secretes certain hormones called catecholamines and metanepherines. These hormones help control your blood pressure.

The instructions for you are as follows:

Do not eat or drink any fluids except water after midnight the night before your test is scheduled. The test will last approximately 5 hours. The nursing staff will insert and IV needle (or catheter) into your arm, which will remain in place during the entire test. This IV access will allow us to draw the blood samples needed for the test. Please dress comfortably. You will not be able to bend one arm during the test due to the IV.

Please avoid walnuts, bananas, pineapples and NO SMOKING for one week prior to this test.

Please::: **DO NOT bring small children (under age 16)** with you to this appointment. You may listen to your IPOD or bring a DVD movie to watch while the test is being administered. **You will need someone to drive you HOME.**

Your physician will review these results and you will receive a call or letter with these results in 7-10 days.

If you have questions about this test please call Rebecca L. Minter, LPN, Clinical Manager, at 770-339-1387, ext 212.