NORTH ATLANTA ENDOCRINOLOGY AND DIABETES, P.C. 771 OLD NORCROSS ROAD, SUITE 200 LAWRENCEVILLE. GA 30046

770-339-1387 OFFICE 770-962-7868 FAX

Dear

We want to welcome you to our practice and thank you for giving us the opportunity to assist in your healthcare needs. We want your first visit to be as efficient as possible. Therefore, we want to give you some information including a list of steps to take before and on the day of your visit.

<u>FORMS:</u> Please fill out and sign the enclosed patient information, personal medical history and policy forms. We understand your time is valuable and we prefer that your wait time is minimal. Therefore, we need all forms completed <u>prior to your visit</u> and you may fax or mail them to the office. However, if you choose to fax your records, please also bring the originals to your appointment as sometimes faxed documents are blurry and hard to read. Ideally, we should receive your paperwork 2-3 days in advance, so they may be scanned and entered into our system. However, if you are unable to return them to us before your visit and choose to bring them on the day of your appointment, please arrive at least 30 minutes early so we can prepare your chart. If you decide to come at your scheduled appointment time and complete forms, it will increase your wait time exponentially and in some cases the visit may even need to be rescheduled.

<u>IDENTIFICATION:</u> In order to ensure and protect your identity, we require that you bring a photo i.d. with you. Your driver's license is always best.

MEDICAL RECORDS: Most of our patients are referred by another physician. We ask that you bring your medical records from that physician on the day of your visit or have them faxed to our office. If you have self-referred to us, please bring medical records that show us any previous care. We cannot stress the importance of this step. Office notes, lab results and pertinent radiology reports are the most helpful. We only need them for the past year. Failure to have these records could severely delay your visit.

<u>INSURANCE</u>: Please bring your insurance card(s) with you so we may scan them. Patients who have an HMO that requires a referral to see a specialist need to bring that referral with them as well.

<u>PLEASE NOTE</u>-Unfortunately, we are unable to perform DOT screenings, disability evaluations or prescribe medications for nursing home or assisted living patients.

<u>MEDICAL INFORMATION:</u> Please bring a complete list of all current medications including the dosage. Diabetic patients should bring blood sugar readings for the two weeks prior to your appointment or bring your glucose meter.

Please feel free to call with any questions you may have. We look forward to meeting you.

The Staff of North Atlanta Endocrinology and Diabetes, P.C.

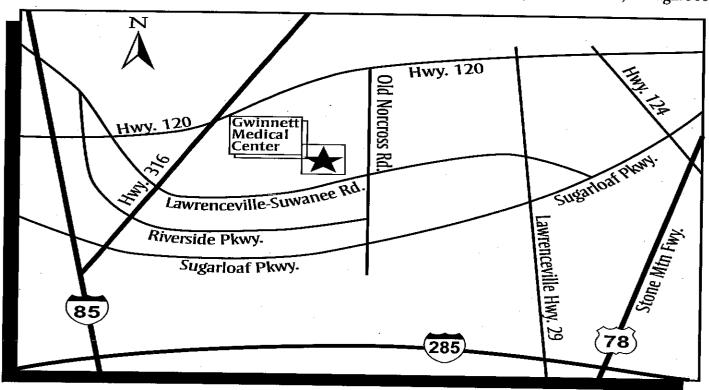


David B. Arkin, MD
A. Ola Odugbesan, MD
David A. Shore, MD
Aparna Mahakala, MD
Peter Lu, MD
Ketan G. Goswami, MD

Hyacinth Thomas, MSN, FNP-BC, CDE Rachel Nejem, MSN, RN, NP-C Brian Murrell, PA-C Tracy Perry, FNP-C

AS A REMINDER		
You are scheduled to see in the Lawrenceville Office Bethlehem Office	_ at	on Phone 770-339-1387
PLEASE BRING ☑ Insurance Card ☑ Driver's License or Photo ID ☑ Medical If you are diabetic: ☑ Glucose Meter ☑ Blood Sugar Readings	Records (pleas	se refer to Welcome Letter)

<u>LAWRENCEVILLE OFFICE</u> 771 Old Norcross Road, Suite 200, Lawrenceville, Georgia 30046



Directions to Lawrenceville Office: Our office is located at the intersection of Old Norcross Road and Lawrenceville-Suwanee Road.

From 85 North: Take 316E to Riverside Parkway. Turn right and go .7 miles to Old Norcross Road. Turn left. Go .8 miles to the intersection of Old Norcross Road and Lawrenceville-Suwanee Road. Make a left on to Lawrenceville-Suwanee Rd. and we are the first entrance on the right.

From Snellville and Hwy 78: Take Hwy 124 toward Lawrenceville. Turn left at Sugarloaf Parkway. Go 2 miles and turn right at Lawrenceville–Suwanee Rd. Cross Old Norcross Road then we are the first entrance on the right.

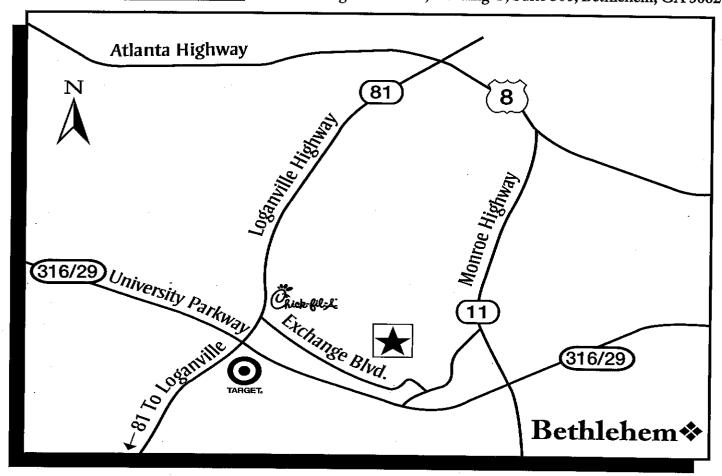
From Athens/Hwy 316W: Take 316W to Riverside Parkway. Turn left and go .7 miles to Old Norcross Road. Turn left. Go .8 miles to the intersection of Old Norcross Road and Lawrenceville-Suwanee Road. Make a left on to Lawrenceville-Suwanee Rd. and we are the first entrance on the right.



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AS A REMINDER		
You are scheduled to see	at	on
in the Lawrenceville Office Bethlehem Office	I	Phone 770-339-1387
PLEASE BRING	. <u> </u>	
☑ Insurance Card ☑ Driver's License or Photo ID ☑ Medical Re	ecords (please re	fer to Welcome Letter)
If you are diabetic: 🗹 Glucose Meter 🗹 Blood Sugar Readings	All Medicat	ions

BETHLEHEM OFFICE 426 Exchange Boulevard, Building C, Suite 300, Bethlehem, GA 30620



©MBC

Directions to Bethlehem Office: We are located at 426 Exchange Boulevard, which is between Hwy. 81 and Harry McCarty Rd.

From Atlanta: Take I85 North to exit 106/Hwy 316 east. Go 21 miles to Harry McCarty Rd., (First left past Hwy 81) Turn left, go .2 miles then turn left onto Exchange Blvd. North Atlanta Endocrinology and Diabetes is .5 miles on right.

From Athens/Hwy 316W: Take Highway 316 west to Harry McCarty Rd., (First right past Hwy 11) Turn right, go .2 miles then turn left onto Exchange Blvd. North Atlanta Endocrinology and Diabetes is .5 miles on right.

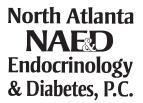
North Atlanta Endocrinology and Diabetes, P.C. Patient Information Sheet

Middle:	Last Name:	
Nickname:	Maider	n Name:
Sex:	SSN:	
Asian V	Vhite	Are you of Hispanic/ YES / NO
Nat Hawaiian/Pacific Islander	Other Race	Latino descent?
City:	Sta	te:ZIP:
	Referring Doo	ctor:
& Street:) Mail	_	-
	_	-
	 Order Pharmacy:	-
	 Order Pharmacy:	-
& Street:) Mail	 Order Pharmacy:	-
& Street:) Mail	 Order Pharmacy:	
& Street:) Mail al guardian: Address:	 Order Pharmacy:	
& Street:) Mail al guardian: Address: Address:	Order Pharmacy:Phone #:	
Address: Group #:	Order Pharmacy:Phone #:	
Address: Group #: Relation SSN #:	Order Pharmacy:Phone #:	
Address: Group #: Relation	Order Pharmacy:Phone #:	
Address: Group #: Relation SSN #:	Order Pharmacy:Phone #:	
Address: Address: Relation SSN #: Address:	Phone #:ship:	
	Asian V Nat Hawaiian/Pacific Islander City: ext to the best number to reach k:	Employer: w require that we collect the following demographic i

due I understand that I will be responsible for any co-insurance, deductible, or spend-down not covered by my insurance. If any balance is not paid when due I understand that I will be responsible for the balance. I also understand that if the unpaid account is referred to an outside agency, I am responsible to pay all costs of collection including attorney fees. I hereby authorize the release of information to my insurance carrier or its intermediaries for all covered services rendered by North Atlanta Endocrinology and Diabetes, P.C.

Date:

Signature:



PERSONAL MEDICAL HISTORY

Date: ____

Note: This is a confidential report of your medical history. Information contained here will be released only if you have authorized us to do so.

Last Name: First Name	e: Middle Initial:
Date of Birth:/ Sex: \(\sigma\) Female \(\sigma\) Mal	e Marital Status:
Preferred Pharmacy:	Pharmacy Phone #:
Pharmacy Address:	· ·
PCP: Referr	
•	
Date of last prostate exam:	Are you allergic to latex? ☐ Yes ☐ No
Date of last PAP test:	Are you allergic to any foods? ☐ Yes ☐ No
Previous mammogram:	Please list:
Glasses or contacts?	

	•	History: Parents, Children, Aunts ar	Grandparents, Brothers, and Uncles	Social History: Do you use alcohol?	
		Disease:	Relative(s):	□ Never □ Former □ S	Some Days 🖵 Everyday
		Asthma		Do you drink caffeinated l	beverages?
		Cancer		☐ Yes ☐ No	
		Diabetes			
		Heart Disease		Have you ever smoked?	
		High Blood Pressure		☐ Never ☐ Former ☐ S If yes, how many years ha Packs per day?	
		Kidney Disease			
		Mental Illness		How often do you exercise	e?
		Other Glandular Disease			2-3x per wk 4+x per wk
		Stomach Ulcers		Are your parents living?	
		Stroke		How many siblings do you	
		Thyroid Disease	e/	How many children do yo	u have?
		Goiter	,	Highest level of education	1?
		Tuberculosis		Occupation:	-
Symp	otom	s: Please check th	ne appropriate boxes indicati	ing the symptoms you have l	had within the last year.
CON	STIT	TUTIONAL	CARDIOVASCULAR	GENITOURINARY	MUSCULOSKELETAL
		in weight of	☐ Palpitations	Painful or Difficult	☐ Muscle Cramps
	_	an 10 lbs.	☐ Chest Pain	Urination	☐ Nocturnal Leg Cramps
☐ Nig	_	weats	Difficulty Breathing	☐ Frequency	☐ Joint Pain
☐ Fat	tigue		on Exertion	☐ Excessive Urination	☐ Joint Swelling
EYE	2		☐ Lower Extremity Swelling	at Night ☐ Post Void Dribbling	ENDOCRINE
	_	with Vision	☐ Loss of Consciousness	☐ Blood in Urine	☐ Cold Intolerance
		s in Vision	2 Loss of Consciousness	☐ Urgency	☐ Heat Intolerance
		Vision	RESPIRATORY		☐ Drinking More Fluids
☐ Blu	ırred	Vision	☐ Chronic Cough	INTEGUMENT/SKIN	☐ Excessive Urination
			☐ Coughing Blood	Pigmentation Changes	☐ Excessive or Abnormal
HEA			☐ Shortness of Breath	☐ Skin Dryness	Thirst
☐ Ch	_		☐ Wheezing	Rash	☐ Excessive Hair
	aring		☐ Difficulty Breathing	☐ New Skin Lesions	Growth
☐ Ho☐ He			GASTROINTESTINAL	☐ Changes to Existing Skin Lesions/Moles	☐ Hot Flashes
	auacı	ics	☐ Difficulty Swallowing	☐ Hair Growth Change	HEMA-LYMPH
BRE	ASTS	8	☐ Reflux		☐ Lymph Node
		s in Skin	☐ Nausea	NEUROLOGIC	Enlargement
\Box Ma	_		☐ Vomiting	☐ Tremors	☐ Easy Bleeding
☐ Nij	pple I	Discharge	☐ Vomiting Blood	Speech Difficulties	Easy Bruising
	~		☐ Diarrhea	☐ Paralysis	
		TRIC	☐ Constipation	☐ Tingling or	ALLERGIC-IMMUNO
☐ An	•	ion	☐ Blood in Stools	Numbness ☐ Seizures	☐ Sinus Allergy
☐ De ☐ Dif	•	ty Breathing	☐ Changes in Bowel Habits	☐ Muscular Weakness	☐ Hay Fever☐ Allergic Dermatitis
Loom	ify 41	naca two nagge to	he accurate and aurment to	the hest of my knowledge (Plages sign and data below)
	•	•	be accurate and current to	the best of my knowledge (l	
ratie	ાાં ઝાફ	gnature:		D	ate:

CONSENT FOR DISCLOSURE TO FAMILY MEMBER AND/OR PERSONAL REPRESENTATIVE

NORTH ATLANTA ENDOCRINOLOGY AND DIABETES, P.C.

I have agreed to let certain individuals participate in discussions and decisions related to my medical care, Therefore, I hereby give my permission for North Atlanta Endocrinology and Diabetes, P.C. to disclose my personal medical information to the following individual(s):

Nam	ne: Relationship to patient:
	Telephone #:
Nam	e: Relationship to patient:
	Telephone #:
Nam	e: Relationship to patient:
	Telephone #:
Condi	itions for Disclosure (Check the item(s) that apply):
	The practice may disclose my personal health information to the
OR	individual(s) above only in my presence
	The practice may disclose my medical information to the individual(s) above in discussions in my presence and when I am not physically present, including disclosures by telephone, facsimile or e-mail or regular mail,
	The practice has my permission to leave detailed messages about my personal health on my home answering machine and/or my cellular voicemail or on the voicemails of any of the individuals listed above.
	Other conditions of disclosure:
	rstand that this consent may be revoked by me at any time by written notice practice.
Patien	t Signature: Date:
Print I	Name of Patient:
Witne	ssed By: NAED Employee
Witnes	ss Date:

North Atlanta Endocrinology & Diabetes, P.C. Diabetes Self-Management Education

ASSESSMENT FORM

Name: Date:
Date of Birth:/ Gender: F M
Marital Status: Single Married Divorced Widowed
Ethnic Background: White/Caucasian Black/ African American Hispanic Native American Middle Eastern Other:
What is your language preference? English Other:
What is the last grade of school completed? Grade school High school College
Email address: (For diabetes education/follow-up ONLY)
1. What type of diabetes do you have? Type I Type 2 Gestational Pre-Diabetes Do not know
2. When were you diagnosed with diabetes? List of relatives with diabetes
3. Do you take diabetes medications? Yes No (If yes check all that apply below) Diabetes pills Insulin injections Byetta injections Victoza injections Symlin injections Combination of pills and injections
4. Do you have: High blood pressure High cholesterol Nerve damage Kidney disease Heart disease Lung disease Eye disease Depression
5. Have you attended a diabetes education program in the past? Yes No How long ago?
7. From whom do you get support for your diabetes? Family Co-workers Healthcare providers Support group No-one
8. Do you have a meal plan for diabetes? Yes No
If yes, please describe: About how often do you use this meal plan? Never Seldom Sometimes Usually Always
Do you read and use food labels as a dietary guide? Yes No Do you have any dietary restrictions: Salt Fat Fluid Other:
None Give a sample of your meals for a typical day:
Time: Breakfast:
Time: Lunch:
Time: Dinner: Time: Snack:
9. Do you do your own food shopping? Yes No
Cook your own meals? Yes No How often do you eat out?
10. Do you drink alcohol? Yes No Occasionally How many drinks per week

11. Do you use tobacco? Yes	No Quit:		
12. Do you exercise? Yes No	Туре	How often	
13. Do you check your blood sugars? Yes No How often? Once a day			
2 or more/day 1 or more/ What is your blood sugar range:	week Occasionally	After Meeles to	
14. In the last month, how often have One or more times/week	/e you nad a low blood sugar r What are your symptoms?	eaction: Never Once	
15. Can you tell when your blood su			
16. In the past 12 months which of t	9		
Urine test for protein Foo	t exam Dental exam	Blood Pressure	
Weight Cholesterol	HgA1c Flu Shot	Pneumonia Shot	
17. In your own words, what is diab	otos?		
18. How do you learn best? Listenin			
19. Do you have any difficulty with?	-	-	
19. Do you have any unitently with	Treating Seeing	Reading Speaking	
20. Do you have any cultural or relig	gious practices or beliefs that i	nfluence how you care for you	
diabetes? Yes No P	lease describe:		
21. Do you feel good about your ge	neral health? Yes No	Not sure	
Does diabetes interfere with oth			
How is your level of stress? High			
22. How do you handle stress?			
Do you struggle with making changes in your life to care for your diabetes: Yes No			
23. What concerns you most about your diabetes?			
25. What are you most interested in learning from your diabetes education sessions?			
	learning from your diabetes e	ducation sessions:	
	For Women Only		
2. Pregnancy and Fertility:	•		
Are you: Pre-menopausal	-	-	
,	, .		
Are you planning on becoming p	egnant? Y N		
Are you aware of the impact of di	abetes on pregnancy? Y	N	
Are you using birth control? Y	N N/A		
Ple	ase do not write below this lir	ne	
	linician Assessment Summary:		
Education Needs/education plan fo		•	
Diabetes Disease Process	Using Medications	Psychosocial Adjustment	
Nutritional Management	Physical Activity	Preventing Acute Complications	
Preventing Chronic Complications	•	Risk Reduction Strategies	
Monitoring		Č	
Date: Cli	nician Signature:		
J	0		

OFFICE POLICIES AND PROCEDURES FOR NORTH ATLANTA ENDOCRINOLOGY & DIABETES

dedicated to providin	ng North Atlanta Endocrinology & Diabetes for g excellent treatment and want you to have a pwledge your agreement to these policies by in	full understanding of our office
time of service. Furth in to go towards any	rvices rendered including co-payments, coinsunermore, if your deductible has not been met, balance you may owe after your insurance had all major credit cards. If you are unable to passchedule.	, we will collect \$75.00 upon check as processed the claim. We accept
check is returned to uplus the cost of the o (Envision) for collection	or accept postdated checks. Also, if funds are is as an NSF (or for any other reason), you will riginal check. All checks returned to our office on. After one NSF we will no longer accept ch the paid by cash or credit card.	be assessed a \$37.00 service fee are sent to an outside agency
between you and the	ladly file all charges to your insurance, please of the insurance company, not with our office. If you assonable time period, we will have no choice of the insurance of the ins	our insurance company does not pay
to obtain that referra choose not to obtain visit only. You will be procedures (Ultrasou	te requires a referral from your Primary Care P I. We will not be able to see you without a cur a referral, you may sign an insurance waiver a given a 55% discount on all Office visit charges and, Bone Density, etc). Payment will be expe er the claim closed and will not file it at any la	rent referral on file. However, if you nd become a self-pay patient for that s and a 50% discount on labs and ected on date of service. In addition,
however, we cannot l	keep our office fully educated on the most rec know each patient's individual policy. Patients here is a question regarding coverage for any polication, download and removal of the contin	will need to contact their insurance procedures performed in our office.
(CGMS) as some insucertification if necess	rances may apply an additional copay for this	s service. We will obtain pre-
Please provide given this adequate a	24-hour notice if you must cancel or reschedu mount of time, a \$25.00 NO SHOW fee will be next appointment. If a patient acquires 3 "NO	e charged to your account and must
Name	Birthdate	Date

Any patient who comes into the office (without a our clinical staff may incur a \$30.00 minimal office visit	charge billed to their insurance. Further, if it is
determined that you need to see a physician, physician' an office visit will apply. The patient will be responsible amounts.	•
We certainly understand that personal health issuand as such, might cause a patient to feel very distresse threatening behavior directed at our staff or providers dismissal from this practice. Please address any complain our management team.	d. However, we will not accept abusive or . Any such behavior will result in immediate
ePrescribing allows your physician the ability to e understandable prescriptions directly to a pharmacy. By Atlanta Endocrinology & Diabetes to request and use you healthcare providers and/or third party pharmacy benefits.	vinitialing, you are giving consent for North our prescription medication history from other
There is a fee for all disability, FMLA, school/work required by a physician to complete and sign. Completic and \$5.00 for each additional page.	•
A flat fee of \$25.00 will need to be collected for an aprior authorization to the patient's insurance compan	•
Our physicians WILL NOT sign off on medical clear pilot, bus driver, etc	rances required by employers. Examples: DOT,
I have read and fully understand the policies and proced and I agree to the terms explained.	dures of North Atlanta Endocrinology & Diabetes
Signature of Patient	Date
Name	Birthdate



NORTH ATLANTA ENDOCRINOLOGY AND DIABETES, P.C. OFFICE POLICY FOR YOUR INSURANCE PLAN

At North Atlanta Endocrinology & Diabetes our primary goal is to fulfill the patient's needs to our utmost ability. In accordance with that desire, we have become contractual providers with as many insurance plans as possible.

As a result of participating with so many networks, it is impossible for our staff to know each and every condition set forth by each plan. In some cases, even the same insurance company has several different plans with individual prerequisites that vary.

We certainly try to stay abreast of any changes or necessities put forth by your insurance company but we do not assume responsibility when your claims are denied due to guidelines within an individual plan that we have not been made aware of. If there are certain restrictions or limitations, we depend on the patient to inform us of any such requirements, otherwise you will be responsible for the balance. Furthermore, failure to provide accurate information or correct insurance within your plans timely filing limits will leave us no choice but to bill the patient.

As new insurance plans are made available on the market, be sure that we will always try to negotiate contracts so that we may offer our services to as many patients as possible. With due diligence on your part, we can ensure that your benefits will be utilized effectively.

Date :	 	_
Daine Mana		
Print Name:	 	
Signature:	 	

NORTH ATLANTA ENDOCRINOLOGY AND DIABETES, P.C. 771 OLD NORCROSS ROAD, SUITE 200 LAWRENCEVILLE, GA 30046 770-339-1387

ACKNOWLEDGEMENT FORM FOR PRIVACY NOTICE

I acknowledge that North Atlanta Endocrinology and Diabetes, P.C. has informed me of
the Privacy Notice that is a requirement of the Health Insurance Portability and
Accountability Act (HIPAA). I understand that this notice is posted in the office for me to
fully review. I also understand that I may ask for a written copy of this notice for my own
personal records.

Signed by patient or legal guardian		
Print Name		
Date of Birth		
Date		