

North Atlanta Endocrinology & Diabetes

Oral Glucose Tolerance Test

Your physician has ordered a Glucose Tolerance Test for you. This is a lab test done in our office as an evaluation of how your body metabolizes sugars and as a screen for diabetes.

Your instructions are as follows:

DO NOT eat or drink any fluids except sips of water after midnight the night before your test is scheduled. DO NOT take any medication the morning of the test.

Sign in with our front office receptionist at the designated time.

The test will last approximately between 2-3 hours. The nursing staff will insert an IV needle (or catheter) into your arm, which will remain in place during the entire test. This IV access will allow us to draw the blood samples needed for the test. We will also test your glucose readings thru sticking your finger periodically throughout the test.

Small children (under the age of 16) may NOT attend this appointment.

Your physician will review these results and you will receive a call or letter within 7-10 days.

If you have questions about this test please call our office at 770) 339-1387, ext.212 and speak with Rebecca L. Minter, LPN, Clinical Manager.