

FINE NEEDLE ASPIRATION AFTER CARE INSTRUCTIONS

1. No heavy lifting or exercising for 24 hours.
2. No aspirin (or aspirin products) or ibuprofen (Advil) for 48 hours, however, you may take acetaminophen (Tylenol) if needed for discomfort. You may also use a covered ice pack 20 minutes on and 20 minutes off for the first few days if needed.
3. Try to avoid any blows or bumps to the neck that could cause trauma.
4. You may shower or bathe as normal. The biopsy site can be gently cleaned with soap and water.
5. Watch for signs of infection which could include: redness, swelling, warmth or yellowish drainage from area of biopsy. Please call our office immediately at 770-339-1387 option #2 should you experience any of these symptoms.
6. Results take 7 to 10 business days for our office to receive. Please don't call before then. If you haven't heard from us in 14 days, please call your physicians medical assistant.